

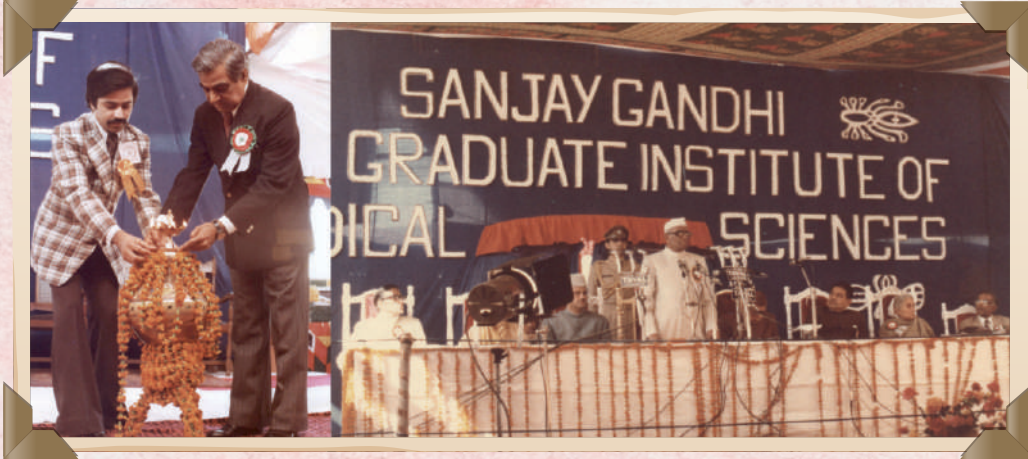


Sanjay Gandhi Postgraduate Institute of Medical Sciences

Raebareli Road, Lucknow, Uttar Pradesh

Newsletter

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The Foundation stone of SGPGI was laid by the then President, His Excellency, Shri Neelam Sanjiva Reddy on 14 December, 1980.



*I have promises to keep, And miles to go before I sleep,
And miles to go before I sleep: Robert Frost*



Celebration



**SGPGI celebrates 39th Foundation Day :
14th December 2022**

Sanjay Gandhi Post Graduate Institute celebrated its 39th Foundation day on 14th December with great enthusiasm. Hon'ble Governor of UP and Visitor, SGPGI Shrimati Anandi Ben Patel ji was the Chief Guest of the function.



Hon'ble Governor Ma'am lit the customary lamp

Director, Professor R K Dhiman welcomed the dignitaries and presented a progress report of the Institute and elaborated on the future projects and vision for the Institute. He stated that SGPGI is reaching newer heights in teaching, training, research and telemedicine. Other than the already well utilized Ayushman Bharat Yojna and



Director , SGPGI, presented Hon'ble Governor ma'am with a token of gratitude

Kamdhenu scheme, SGPGI has also started implementing the Deendayal Upadhyaya scheme introduced by the Hon'ble Chief Minister, Yogi Aditya Nath ji. Care of Vascular Access Complications in patients undergoing Dialysis, An Advanced Pediatric Center, Advanced Diabetes Center are some of the upcoming projects which will greatly benefit our patients.



Hon'ble Governor ma'am presented a plaque to Foundation day Orator Dr M K Mitra

MOUs have been signed with IIM Lucknow, IIT Kanpur, Noida Superspeciality Institute, RMLIMS, Lucknow, which will lead to mutually beneficial collaborations in patient care and research.

Recruitments which were pending for a long time, are taking place and more are in the pipeline.

Dean, SGPGI Professor Shubha Phadke introduced Professor Manoj Kumar Mitra, an eminent physician who delivered the Foundation Day Oration.

Dr Mitra drew upon his decades of clinical experience. He gave high praise for Dr Dhiman and enumerated how important the role of the Director of an institute like SGPGI is. He should ably steer the research in the correct direction. Research becomes invaluable when it leads to policy changes such as research on goiter leading to iodination of salt all over India.

Patients are our focus and we need to treat each one with both sympathy and dignity. He also congratulated the SGPGI members who made it to the hallowed Stanford list of top scientists.

Dr Mitra was felicitated by Hon'ble Governor and was presented an oration plaque. It was a memorable moment when the audience rose in unison to give him a standing ovation.



Shri Mayankeshwar Sharan Singh addressed the gathering





The hon'ble governor spoke words of deep wisdom, from the heart. She emphasized on each person doing the task assigned to them with diligence and commitment and also thereby being given the dignity they deserve. She also re-emphasized Dr Mitra's point that Research should be directed toward solving problems in a practical manner, such as looking into malnutrition in children in anganwadis.

To acknowledge the contribution of staff towards the Institute's progress, awards are given to the best Residents and Paramedical staff each year. These awards become even more prestigious as they are bequeathed by the hon'ble Governor.

Shri Mayankeshwar Sharan Singh, Distinguished Guest and Hon'ble Minister of State for Parliamentary Affairs, Medical Education, Medical & Health, Family Welfare, Mother and Child Welfare, Government of

Uttar Pradesh addressed the august gathering. He started with congratulatory words for SGPGI on its foundation day and concluded with the wishes that the Institute climbs to Number 1 position in the world.

Shri Alok kumar quoted Martin Luther king: "I have a dream"

Our dream should be to address problems specific to our state and country- Anaemia in women, Infant mortality, Malnutrition. We should focus on improving nurses to patient ratio, and Clinical trials, AI etc and how to leverage patient database to go beyond what we are doing at present.

A medical Institute of the stature of SGPGI must lay emphasis on research, whether clinical or basic. Keeping this in mind, Research day awards were presented to the best contributors who had shared and displayed their work on Research day on 13 December.



Proud awardees with the distinguished guests



The Dean, Professor Phadke proposed the vote of thanks. The program ended with the National Anthem.

Patients are the most important focal point of any medical Institute. It is important that they participate too in the celebration of an important day like this. Hampers with fruits and Foundation day cards were given to the admitted patients to create positive energy and vibes.

Foundation day celebrations started off on positive and meaningful note in the morning with a clean, green eco friendly tree plantation program. Around 30 fox tail trees were planted near Emergency Medicine and Renal Transplantation Centre. This will boost the clean, green environment of the sprawling hospital campus.

Director, Prof R K Dhiman who is one of the first alumni of the Institute flagged off the drive to commemorate Alumni day, which the institute had observed on the eve of the Foundation day.

The Institute was beautifully decorated to mark this occasion and every person associated with it, whether dignitaries, patients, alumni, doctors and staff took pride in celebrating yet another milestone for this tertiary care apex research, training and teaching center.



Patients were gifted fruit hampers



Patients were gifted fruit hampers



Tree plantation to mark Foundation day

SGPGI celebrates 27th Convocation Day



Dr Anjali Mishra greets Hon'ble Governor ma'am

SGPGI celebrated its 27th Convocation day on 13th October in Shruti Auditorium. Degrees and awards were given to students who successfully completed their respective courses. HE, the Governor of Uttar Pradesh and Visitor, SGPGI Srimati Anandi Ben Patelji presided over the function.

Professor S P Thyagarajan, Former Vice Chancellor of Madras University, Prof of Eminence and Dean, (Research) Sri Ramachandra University, Chancellor of Avinashilingam Institute for Home Sciences and Higher education for Women (Deemed university) was the Chief guest of the function.

The function was also graced by Hon'ble Shri Brijesh Pathak, Deputy CM, UP and Cabinet Minister for Medical Education, Health and Family Welfare, Govt. of UP, Shri Mayankeshwar Sharan Singh, state minister for medical education and Shri Durga Shankar Mishra, Chief Secretary, Government of UP and President, SGPGI.

Prof SR Naik Award, Prof S S Agarwal Award and Prof R K Sharma Award were conferred upon the deserving winners by the Hon'ble Governor and degrees were awarded to the students in various specialities.

Shri Durga Shankar Mishra, Chief Secretary, Government of Uttar Pradesh and President, SGPGI welcomed the distinguished guests.

Director, Professor R K Dhiman presented institute's progress report of the last one year.

Professor S P Thyagarajan, the Chief Guest delivered the convocation address. He stressed the need to pace up with the global advancement in the field of medical education and health care along with maintaining a sacrosanct patient doctor relationship of empathy.

HE Smt Anandiben Patel ji addressed the learned gathering. Congratulating the award winners and recipients of degrees, she said that they should always take care of their parents and be sensitive towards the patients. Their empathic behaviour with patients and staff makes the environment congenial which translates into speedy recovery of the patients.

She congratulated the institute for successfully performing two robotic assisted kidney transplants and first robotic thyroid surgery, the latter was done for the first time in India.



Lighting the customary lamp

Shri Brijesh Pathak, Deputy CM congratulated Director Professor RK Dhiman for leading the institute towards progress in a dynamic and efficient manner.

School children of Kendriya Vidhyalaya, SGPGI received gifts by the Hon'ble Governor as a token of affection.

The program ended with the vote of thanks proposed by Professor S P Ambesh, Dean, SGPGI.

As Benjamin Franklin said :

"An investment in knowledge always pays the best interest."



SGPGI celebrates 27th Convocation Day



Students from K.V, SGPGI with the dignitaries

Research Day Celebration

The 3rd research day was successfully organized on 13th December 2022 under the leadership of Professor R. K. Dhiman, Director SGPGIMS, Professor U. C. Ghoshal, Faculty In-charge, Research and Dr C. P. Chaturvedi, Assistant Faculty In-Charge Research.



Research is one of the three most important pillars of a tertiary care Institute like SGPGI. Research helps in bringing quality healthcare to the patients adapted as per local needs at an affordable cost. Research day helps showcase the work done by SGPGI and encourages exchange of ideas. The eminent invited speakers, all doyens in their fields, also enlightened the audience regarding high quality research.

Around 250 research papers were presented by SGPGI members from various cadres and across all departments this year.

Dr. Soniya Nityanand, Director ,RMLIMS, Lucknow said that stem cell research has huge potential in clinical management of patients . Currently the clinical utility is primarily in the management of hematological disorders and in bone marrow failure and application of stem cells in other diseases is in the experimental stage. Dr. S C Parija, the former Director of JIPMER, Pondicherry and currently Vice Chancellor, Shri Balaji Vidyapeeth, Pondicherry, said that every medical Institution should have an ecosystem conducive to innovation, so that cost effective diagnostic and therapeutic applications

can be brought into care for patients. Thus we can also fulfill the “ Make in



India” mandate.

Dr. Rajan Singh, an alumnus of SGPGI who completed his Ph.D. from Department of Gastroenterology at SGPGIMS under mentorship of Professor U. C Ghoshal, is currently an Assistant Professor at the University of Nevada in America. He did high quality research, brought NIH (National Institute of Health) grant and showed how diseases outside the Gut may originate from Gut diseases and imbalances.



Understandi

ng the underlying etiology will help to prevent and treat these diseases.

12 awards in the faculty members category and 12 in the student category were given on the 39th Foundation Day of the institute on 14.12.2022 based on the presented research works. The Research Cell also acknowledged the success of faculty members of SGPGI, who have been included within 2% of the world top scientists according to the survey from Stanford University, USA.

Professor R K Dhiman who initiated this tradition of celebrating Research Day in SGPGI in 2020, expressed happiness that it has increased the awareness and enthusiasm among researchers. Each year there is an increase in the numbers of posters presented in comparison to previous years. This has also culminated in increased intramural and extramural grants for projects envisaged in SGPGI.



Robotic Surgery

A cutting-edge technique that uses a surgical robotic system to assist in the removal of thyroid tumors. The higher magnification, 3D visions and précised controlled actions of the surgical robotic system allows safe thyroid surgery without visible scar in the neck. Dr. Gyan Chand, Professor of Endocrine Surgery and his team implemented a new, innovative modified transoral robotic approach using three ports in the vestibular side of lower lip, approaching the neck and removed the thyroid tumor via these transoral openings. We are pleased to announce that we have recently completed a series of successful thyroid surgeries using the latest robotic technology and modified trans-oral approach. Our patients have reported high levels of satisfaction with the procedure, citing improved cosmesis and no visible scarring. One of the main benefits of robotic transoral thyroid surgery is oncologically complete surgery, excellent cosmesis and no visible scarring.

The Department of Endocrine Surgery at SGPGI under the able leadership of Professor Gaurav Agarwal, Head, Department of Endocrine Surgery is proud to offer this cutting-edge technology to spectrum of our patients, and we are thrilled to see the positive results it has produced. Over all, a promising new technique that offers many benefits for patients, including very precise, oncologically complete surgery with excellent cosmesis and reduced recovery time.



हे प्रभु

त्याग दिया था, इस जग को,
सन्यास उतर सा आया था !!
हाँ, प्रभु तभी, मैंने तुमको -
यूँ, अनायास ही पाया था !!

गहन रात की वीरानी में,
वेद ऋचायें पढता था !!
सब बहार जग में दौड़ रहे,
मैं अंतर मन को गढ़ता था !!

होकर, इस दुनिया से दूर
इसी दुनिया में, था रहता आया!!
कब चाहा जग से, कुछ भी मैंने,
खोते ही, मैं को, सब कुछ पाया
!!

छाया जैसे, इस जग को,
कब, मैंने था अपना माना ?

आँखों से था जो, दीख रहा,
उसको हर पल सपना जाना !!

दुनिया के खेल - खिलौनों से,
कब तक, खुद को बहलाऊँ मैं !
ये कशिश और कोशिश भी है,
इस बार, तुझे पा जाऊँ मैं !!

उस एक झलक के बाद, प्रभु,
तुम, फिर से पास नहीं आए ?
तन - मन, अब छीजा जाता है,
हर धडकन, बस तुमको गाए !!

जीवन अनुभव - अनुभव जीवन,
इनसे कितने असें तक खेलूँगा ?
नयनों से निर्झरिणी बहती
चेतन से, अब फिर कब मेलूँगा
!!!

चेतन की आंख, टंगी तुम पर,
प्रभु, जाने तू फिर कब आएगा ?
तुझसे, मिलने की चाहत में -
ये, जीवन गाता जाएगा

डॉ राजेश हर्षवर्धन, प्रभारी
अस्पताल प्रशासन

**Raising Awareness and Hope:
Pink Month Initiatives for the
Fight Against Breast Cancer**



SGPGI Breast and Cervical Cancer Awareness and Early Detection Programme (BCCAEDP) and SGPGI Breast Health Program are dedicated to provide awareness and implementation of strategies for early detection of breast and cervical cancer. Our team of dedicated specialists, including Breast and Endocrine Surgeons, Gynecologists, Radiation Oncologists, Radiologists, and Pathologists, work together for the implementation of awareness and early detection activities on breast and cervical cancer.

As part of our commitment to breast and cervical cancer awareness and early detection, SGPGI BCCAEDP and SGPGI Breast Health Program organize various events and screening camps throughout the year. In October 2022, being “Breast Cancer Awareness Month”, we conducted training



programs for community health doctors and nurses on screening methodology for breast and cervical cancer on 14th and 21st October. Over 100 participants attended these sessions, and gained hands-on breast examination skills on mannequin, acquired valuable knowledge and skills to aid in the screening and early detection of these cancers.

In addition to the training programme, we organized a "Pink Walk" on 16th October, where over 200 volunteers came together in SGPGI campus to raise awareness about the breast cancer.

breast cancer.

SGPGI BCCAEDP and SGPGI Breast Health Program, in association with the Indian Institute of Management (IIM), Lucknow organized a breast cancer awareness event in the IIM, Lucknow campus on 22nd October 2022. The event was attended by

staff members, students, and their families and featured a lecture on breast cancer awareness and early detection, followed by a screening camp. 120 women were screened



during the event, providing them an opportunity for early detection and prevention. The collaboration between SGPGI and IIM, Lucknow was a successful one in raising awareness about this important health issue.

A community breast screening programme for women was organized on 28th October at community health centre, Mohanlalganj, where in ASHA workers mobilized 100 women for screening. In addition to clinical breast examination, these women were imparted breast health awareness. We are committed to continuing our efforts to raise awareness and promote early detection in the fight against breast and cervical cancer.

On October 29, 2022, Professor Gaurav Agarwal delivered a powerful speech on Breast Cancer Awareness at the TEDx Lucknow event organized by Think Tank Lucknow. This event aimed to bring attention to the importance of early detection and treatment of breast cancer, as well as to provide a platform for the cancer conquerors to share their knowledge and experiences.

The keynote speech by Professor Gaurav Agarwal was well-received by the audience and emphasized the need for women to undergo regular screening to detect any signs of breast cancer early. The event was attended by a number of prominent figures, including Deputy Chief Minister Shri Brajesh Pathak, who was the chief guest.

We thank all of our volunteers, participants, and supporters for their contributions to this important cause. Together, we can make a difference in the fight against cancer.



Dr. K.M.M. Vishvak Chanthar, Assistant Professor, Department of Endocrine and Breast Surgery

Awareness Session On International Infection Prevention Week

COVID-19 continues to show the world what we've always known, namely that infection prevention plays a crucial role in keeping our communities safe and healthy. International Infection Prevention Week (IIPW), which was first established in 1986, aims to shine a light on infection prevention each year. The goal is to learn more about infection prevention and how it might help improve patient safety. Infections ranging from hospital-acquired to those found in homes or workplaces can compromise healthcare workers' efforts and have a detrimental impact on public health. Every year, secondary infections cause thousands of health concerns in hospitals. This year's theme is "The Future is Infection Prevention: 50 Years of Infection Prevention". It will highlight the five decades of infection prevention throughout APIC's existence years and inspire the next generation of IPs to join the fight. Hospital Infection Control Cell working under the aegis of Department of Hospital Administration SGPGIMS, which is also a key stakeholder of SGPGIMS Hospital Infection Control Committee (SHICCOM) commemorated International Infection Prevention Week, 2022 from 17th October to 22nd October, 2022.

Awareness sessions were conducted in various areas of SGPGIMS including wards in G block, I block, ATC, EMRCTC, LTU & General Hospital by Dr. Vinay Pathak, Resident In-Charge, HIC Cell and Mr. Dhikhil. C.D and Mr. Ashutosh, ICN, HIC Cell. Key messages from the awareness sessions were :



- Importance of Infection Prevention & Control Practices
- Importance of Hand Hygiene and Personal Protective Equipment
- HIC Cells' Campaign regarding 100% Hepatitis B Vaccination for SGPGIMS HealthCareWorkers
- HIC Cells' Campaign regarding 100% reporting of NSI(Needle stick Injury) & what to do if NSI occurs
- Antibiotic stewardship



Over 30 wards were covered during the IIPW .Dr. R. Harsvardhan, Member Secretary, SHICCOM and Head, Hospital Administration and Dr. Richa Mishra, Member, SHICCOM and Additional Professor, Microbiology were the pillars of support for this program.

Come November: It's time to pledge purple- Cheering for our NICU heroes

In commemoration of the National Newborn Week-2022 (15th-21st November), Department of Neonatology observed a week long program to raise awareness amongst all, regarding newborn health and challenges and burden of preterm births.It was carried out by organizing awareness talk and interactive sessions for mothers and other members of the family, with doctors and nursing staff of the department. These sessions aimed to emphasize on the most



important aspects of newborn care including breastfeeding and practical tips on safe complimentary feeding practices, care of normal newborn at home and benefits of Kangaroo mother care.

On World Prematurity Day (November 17th), a purple theme celebration was arranged in the Neonatology OPD. To make it more special, the family members of preterm survivors of the department were invited to grace the occasion. The parents of the premie champs shared their experience and challenges of having their baby admitted in neonatal intensive care unit along with the coping mechanisms they used to deal with the stress of prolonged hospitalization. Feedback and suggestions were obtained from the parents for scope of improvement in the existing facilities. The parents participated actively in the session. The fiesta was concluded with a cake cutting ceremony and distribution of refreshments and gifts for all.

November is Prematurity Awareness month- an important time to raise awareness of the risks and impacts of premature birth.The Department of Neonatology took an initiative to help spread the word by organising a Walkathon: Pledge Purple for premies on 20th November starting from Hobby Centre of the institute. The event was



attended by over 150 participants including faculty members, resident doctors and nursing officers of various departments, and other paramedical staff and their families.



The proceeding started with the Head of department, Dr Kirti M Naranje enunciating about the global burden and challenges of preterm birth. The walkathon was then flagged off by Professor R.K. Dhiman, Director, SGPGI. Professor Gaurav Agarwal, CMS, Professor Aditya Kapoor, Head, Department of Cardiology, Dr Punita Lal, Professor, Radiotherapy, Lieutenant Colonel Varun Bajpai, Executive Registrar and our special guest, Dr Niranjan Kumar Singh, President, Lucknow Neonatology Forum graced the occasion. The Institute's Director emphasised significantly on this year's theme for the day –“A Parent's embrace: A powerful therapy, Enable skin to skin contact from the moment of birth”. The theme reinforces the importance of Kangaroo mother care which has been shown to reduce neonatal mortality, reduce sepsis rate and improve breastfeeding rates. This was followed by felicitation of the invited guests by the faculty members of the



department. The event concluded with a vote of thanks by Dr Anita Singh, Additional Professor in the department and a hearty breakfast for all guests.

“One baby in 10 is born premature, worldwide. We cannot afford NOT to talk about it.”

An Awareness Program & Vaccination Campaign on World Immunization Day

World Immunization Day is celebrated on November 10th every year, to spread awareness about the benefits of getting vaccinated and how it can prevent a plethora of diseases in the long run. Failure to get immunized will only end up generating expensive medical bills due to a disease that could have been easily prevented with a low-tech and cost-effective vaccine shot. Vaccine has also helped to eradicate a pandemic like COVID-19, that has been infecting millions of people over the past two years. On the occasion of World Immunization Day, it is critical to educate people about the importance of getting vaccinated. According to WHO, Immunization is a proven tool for controlling and eliminating life-threatening infectious diseases and is estimated to avert between 2 and 3 million deaths each year but an estimated 18.7 million infants worldwide are still missing out on basic vaccines. Keeping in mind the same Hospital Infection Control Cell, Department of Hospital Administration under the aegis of SGPIMS Hospital Infection Control Committee (SHICCOM), SGPGIMS, organized An Awareness Program & Vaccination Campaign on World Immunization Day, 2022 in Seminar Hall, General Hospital

A study reports that a large number of HCWs remain unvaccinated for Hepatitis B and many of the needlestick injuries (NSIs) were never reported despite a low rate of occurrence. An Indian study reported 3.85 NSIs per HCW and further highlighted that 14.8% of the injured HCWs had not taken any precautions. The vaccination rate of Hepatitis B vaccine among the HCWs (various categories) in All India Institute of Medical Sciences, the premier medical institute of North India, was found to be only 52-59%. Vaccination is considered to be one of the

most effective prevention strategies for protection against Hepatitis B infection, especially in high-risk groups including the HCWs, who are at a constant risk of being occupationally exposed and hence acquire the infection. It is recognized as an effective defence against HBV infection and is encouraged by OSHA, CDC, MoFHW (NVHCP), BMWM Rules 2016 and other organizations for those who are at risk of contracting the virus.

Hospital Infection Control Cell has initiated a campaign for 100 % Hepatitis B vaccination, among healthcare workers in the institute.

Dr. K. D. Singh, Senior Resident, Hospital Administration and Dr. Prerna Kapoor, Senior Physician, General Hospital, held an interactive awareness session with HCWs. This was followed by Hepatitis B vaccination for 1 batch of the eligible HCWs. The campaign will continue with daily vaccinations till 100 percent HCWs at risk have been vaccinated. The program was organized by Dr. Vinay Pathak, Resident In-Charge, HIC Cell and Mr. Dikhil C. D., ICN, HIC Cell.

The program was made possible with support from Dr. Gaurav Agarwal, Chairman, SHICCOM and CMS and Dr. R. Harsvardhan, Member Secretary, SHICCOM and Head, Department of Hospital Administration

World HIV/AIDS Days 2022 - Awareness Session on Needle Stick Injuries

CLOCK is Ticking! Take ACTION! Right away.

World AIDS day, founded in the year 1988 takes place on 1st December each year and it is an opportunity for people worldwide to unite in the fight against HIV. This year the theme is "Equalize". As the term suggests, we have to join hands to "equalize" access to essential HIV services particularly for children and key populations and also address the inequalities which are holding back progress in ending AIDS.

Biological hazards exist throughout all healthcare settings and include airborne and blood borne pathogens such as

Hepatitis, HIV infection/AIDS. There is a misperception that the healthcare industry is "clean" and risk-free, but in reality, exposure to chemicals and blood-borne pathogens may be catastrophic, destroying careers and



even lives. Globally, most common source of occupational exposures' to blood and the primary cause of blood-borne infections of HCWS is needle stick injury. A health care worker has a 0.1%–0.4% chance of contracting HIV through an infected need. According to the Centers for Disease Control, only 10% of NSI are reported. Lack of general awareness contributes towards under-reporting of NSI.

An In-depth awareness session on the occasion of world HIV/AIDS Day on Needle Stick Injury was organized by Department of Hospital Administration, SGPGIMS Hospital Infection Control Committee and Hospital Infection Control Society-India, Lucknow Chapter on 1st Dec, 2022 in Prof Soma Kaushik Auditorium (Mini Auditorium) by Dr R Harsvardhan, HOD Hospital Administration and Dr Richa Mishra, Additional Professor, Microbiology department to enhance awareness regarding Needle Stick Injury, to disseminate the protocols newly developed for NSI Reporting and management, and to empower Health Care Workers on first aid, prevention and Post Exposure Prophylaxis (PEP) vis-à-vis NSI.

The program was inaugurated by Professor R.K Dhiman, Director. Dr. R Harsvardhan, in his opening remarks enlightened the audience regarding creation of NSI Cell, under Hospital Infection Control Committee and Professor V.K Palliwal, M.S., elaborated on NSI and chances of HIV Infection in detail. Later Professor Gaurav Agarwal

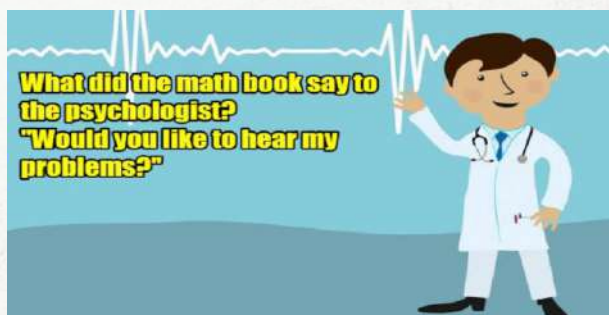
,C.M.S.,explained the theme of world HIV/AIDS Day-2022-“Equalize”. This was followed by oration by Professor Dhiman, who emphasized about various infections caused by NSI and the need of immediate reporting & prompt treatment to mitigate the damage.

The awareness session started with Bin & Win Game by Dr Anitta Jose. E, Senior Resident In-Charge, HIC Cell & Mr. Ashuthosh Srivastava, ICN, Deptt. of Hospital Administration. After which Dr R Harsvardhan elaborated on the topic Biomedical waste management Rules & Your Obligations. Next, Dr Amit Goel, Additional Professor,Gastroenterology, enlightened the audience about Needle Stick Injury: Prevention and Management.

Dr Richa Mishra explained Post Exposure Prophylaxis after NSI emphasizing the reporting mechanism and availability of PEP medicines in HRF.Dr O.P Sanjeev, Associate Professor, Emergency Medicine, discussed the Management of NSI in Emergency medicine. Panel discussion, chaired by Professor R.K Singh, Head, Emergency Medicine ,addressed various questions raised by audience regarding challenges of Needle Stick Injury.

Pamphlets were distributed on Protocol of NSI management, Needle Stick Injury Helpline and Post Exposure Prophylaxis Guidelines by Government of India. The Program was attended by 80 Health Care Workers, primarily sister in-charges of patient care areas and senior nursing staffs. Vote of thanks was given by Dr K.D Singh, Senior Resident, Hospital Administration and Dr Anitta Jose.E anchored the program very efficiently.

*Mr Dhikhil. C.D, Infection Control Nurse,
Department of Hospital Administration*



World Stroke Day

Stroke is one of the leading causes of death and disability in India and the world. Most of the strokes are ischemic in nature (due to blockage of blood vessels in the brain) and the remaining are haemorrhagic due to bleeding into the brain. There are many risk factors for stroke including diabetes, hypertension, heart disease, dyslipidaemia, obesity, stress, smoking and tobacco use, and a sedentary lifestyle.

Newer advances in the field of stroke have made it possible to open blockages in cerebral blood vessels, either with clot buster medicines such as recombinant tissue



plasminogen activator or with the help of devices such as clot retrievers. As these treatments are most effective early after stroke onset, it is important to raise awareness of the warning signs of stroke.

The early signs of stroke are easily remembered by the mnemonic BEFAST (B - Balance: The person may suddenly have trouble with balance or coordination, E - Eyes: They may experience sudden blurred, double or total loss of vision. This can happen

in one or both eyes, F - Face: They may notice one side of their face drooping when they smile, A - Arms: They may experience weakness in one arm on raising both arms, S - Speech: May be slurred, or they may be unable to speak, T - Time: Immediately go to the nearest hospital). It is important to go to a centre where CT scanning and stroke treatment facility is available to avoid wasting time.

The World Stroke Day is celebrated every year on the 29th of October, to raise awareness about the early detection of stroke and advances in its management. This year, a public and patient awareness program was held by the Department of Neurology, in the Neurology OPD, assisted by the Department of Hospital Administration, SGPGIMS.

The program began with a welcome address by Dr. Vinita Elizabeth Mani, Associate Professor, followed by an introduction to stroke and its risk factors by Dr. Sanjeev Jha, Head, Neurology.

Dr. Gaurav Agarwal, Chief Medical Superintendent, raised awareness about the early detection of stroke. Dr. S.P. Ambesh, Acting Director, spoke about the risk factors and emphasized on a healthy lifestyle to reduce the chances of stroke.

Dr. R.K. Singh, Head, Emergency Medicine spoke about the warning signs of stroke. He emphasized that the patient should reach a stroke- ready hospital within 3 to 3.5 hours after stroke for best outcome. Dr. Raj Kumar, Chief, Apex Trauma Center and Head, Neurosurgery, explained about the surgical management of stroke.

Dr. R. Harsvardhan, Head, Hospital Administration spoke about facilitating stroke management in tertiary care



hospitals.

A Skit was organised by the Department of Neurology to create more awareness about stroke. It was the highlight of the day, and in a humorous way portrayed the importance of early detection, risk factor identification and good outcomes with effective therapy.

The vote of thanks was given by Dr. V.K. Paliwal, Medical Superintendent and Professor, Neurology. This interactive program was attended by nearly 200 patients, patient relatives, students, and staff of SGPGIMS.



*Dr. Awale Rupali Bhalchandra
Associate Prof., Lab Medicine, ATC*

WHAT MY BOSS SAID !!

You're still here, you know;
Under all the messy things,
Under the stress, the anxiety, the sadness,
You're still you.
Come up for some air;
There are bright skies up here.
You have to pull yourself up;
I know you feel like you can't,
But you can.
I believe in you,
More than you know.

*Dr Tarun K Gupta, PDF- Pediatric Surgical
Gastroenterology, Pediatric Surgical
Superspecialities*

Voluntary Blood Donation Camp

As per the SGPGI tradition, a Voluntary Blood Donation camp was held to mark the 39th foundation day by Department of Transfusion Medicine.



Blood Donation Complex of the Department was the venue. The Blood Donation Camp was inaugurated by the director Professor RK Dhiman, Professor Gaurav Agarwal, Chief Medical Superintendent and faculty members of the department. It was a unique opportunity for the SGPGI staff and other donors to take one step in the right direction towards saving someone else's life. In this camp 52 voluntary donors donated their blood. Post donation, the donors were given refreshments, a donor's certificate and a memento to acknowledge their contribution towards humanity.



Professor Priti Elhence, Professor Prashant Agarwal, ably supported by their team of resident doctors ensured the success of the camp. Many of the Institute staff members are voluntary donors and must be praised for this humanitarian act

BMT Nursing Symposium/ Survivors Meet/ Alumni Meet

Department of Hematology, S.G.P.G.I. organized the Nursing Symposium and Survivors meet on 18th December 2022 in Lecture Theatre complex, SGPGI. Mrs. Lizamma Kalib, Chief Nursing Officer, was the Chair Person, Mrs. Madhuri Smith, Incharge BMT (Hematology) and Mr Ram Naresh Yadav, Nursing officer of Hematology was the organizing secretary.

Hematology department was the first department to organize such a Nursing Symposium in SGPGIMS. Other departments of SGPGI and many other hospitals of Lucknow also participated in this symposium.

The key highlights of the Nursing Symposium were the Panel Discussion for CVAD (Central Venous Access Device) which was presented by Mrs Saroj, Mrs Deepshikha, Mrs Alka, Mrs Nikunj, Mrs Shilamani and Mrs Sindhu.



Post-completion of the Panel discussion there were many talks that were presented by Nursing Officers of BMT, Hematology Department. The Speakers were namely Mrs Alka, Mrs Sweta, Mr Robinse, Mr Shubham, Mrs Asha (Microbiology Department) and Mrs Pallavi Singh from BMT (Hematology).

Mrs Maduri Smith, Incharge BMT (Bone Marrow Transplant) unit

Blood is meant to circulate.

Pass it around.

: Anonymous

**Department of Biostatistics and Health Informatics
celebrated its 32nd Foundation Day**



The Department of Biostatistics and Health Informatics celebrated its 32nd Foundation Day on 21 December 2022. During the inaugural ceremony, Director SGPGI, Professor R. K. Dhiman, Dean Professor S.P. Ambesh, Executive Registrar Lt. Col. Varun Bajpai, Professor S.N. Dwivedi, AIIMS, New Delhi, Professor C.M. Pandey, Former Professor and Head, Biostatistics and Health Informatics and Professor Y.P. Choubey, Montreal, Canada graced the event. After the foundation day celebration, a CME was organized on the topics “Systematic Review and Meta Analysis and its Applications in Medicine” and “Applications of Artificial Intelligence in Medicine” which was delivered by Professor S.N. Dwivedi, Dr. Mona Pathak, USA and Professor C.M. Pandey respectively.

Around 75 participants mainly from SGPGIMS and Lucknow University participated in the programme. Professor Uttam Singh, Head of the Department, commenced the program, by welcoming the guests as well as all the audience while Dr. Prabhakar Mishra, Additional Professor of the Department proposed a vote of thanks.



7th Annual Conference of SIAMG



After 2 years of online meetings and webinars, the 7th Annual conference of SIAMG (Society of Indian Academy of Medical

Genetics): SIAMGCON2022, organised in Lucknow was a sweet reminder of the privilege and joy of meeting and collaborating with colleagues that we had taken for granted. The theme for this years conference was “Genomic data for precision medicine: Global perspective on the role of genomics in health care”. This was aptly chosen in light of the increasing availability of genomic and clinical data and the urgent need to establish databases and systems for patient care in India.

The 2 day conference was preceded by a hands on workshop on interpretation of genomic variants and were conducted successfully by Dr Madhuri Hegde, Dr Sharon Plon, Dr Avni Santani and Dr Stephannie Bielas.

Delegates from various parts of the country enjoyed spectacular talks by stalwarts such as Dr John Carey, Dr Gregory Gibson, Dr Dhavendra Kumar, Dr Pankaj Aggarwal, Dr Charulata Deshpande, Dr Parth Shah, Dr Madhulika Kabra, Dr Ratna Dua Puri, Dr Anju Shukla.

Dr SS Agarwal oration was presented to Dr Andrea Superti Furga, Professor and Head, Division of Genetic Medicine, Lausanne, Switzerland. A thought provoking symposium on prenatal, perinatal and neonatal genetics: From womb to the cradle



was organised for the pediatrician and obstetricians on 11th December 2022.

Dr Girish M Katta received the prestigious Dr IC Verma research award. Dr Neetakrishna Kaustubham was awarded Dr SS Agarwal young scientist award. Prize winners of paper and poster presentation :

1st prize	Shruti Pande, KMC Manipal	Mounika Endrakanti, AIIMS New Delhi
2nd prize	Prajna Udupa, KMC Manipal	Anupriya Kaur, PGI, Chandigarh
3rd prize	Neha Quadri, KMC Manipal	Namapreet Kaur, KMC Manipal
Consolation prize	Sudisha Dubey, SGRH, New Delhi Aman Kumar Suryan, CSIR, Hyderabad	Sarah Bailur, Rainbow Children Hospital Saurabh Vaish, SGPGI, Lucknow Suranjana Banik, AIIMS, Bhubaneswar



*Dr. Somya Srivastava,
Assistant Professor, Medical Genetics*

Annual State Conference of Pediatrics

The prestigious Annual State Conference of Pediatrics (UPPEDICON 2022), was organised in Jhansi City from 29th to 30th October 2022. The conference was attended by approximately 500 delegates and it was a great academic fest for topics pertaining to Pediatrics and Neonatology. The Department of Neonatology was invited to conduct a one day ventilation workshop in this conference. The faculty for workshop from the department included Dr Kirti M Naranje, Head & Additional Professor, Dr Anita Singh, Additional Professor and Dr Abhijeet Roy, Assistant Professor. It was attended by around 40 delegates and it included comprehensive aspects of pediatric and neonatal ventilation through case based

scenarios. The sessions were very interactive with keen participation and interest from all participants. The lectures were followed by practical demonstration about functioning of ventilator and troubleshooting. Furthermore, Dr Kirti M Naranje was a panelist for session on the topic “How to set up level II NICU.” Dr Akanksha Verma, Assistant Professor, presented a talk on “Follow up of high risk neonate”. Altogether, it was an enriching experience for the department.



“Pediatric Surgery Day” Celebration

National Pediatric Surgery Day is observed on 29th December every year on the Foundation Day of Indian Association of Pediatric Surgeons (IAPS) for public health awareness & initiatives. The Department of Pediatric Surgical Superspecialities at SGPGIMS, celebrated the day this year with great enthusiasm. The theme for year 2022 was “Your Pediatric Surgeon – the safest option for your child's surgery”. The department organized a public awareness program on the very pertinent topic of Congenital anomalies in infants and children on this occasion, for the healthcare workers as well as patients and their families. It was attended by the general public and the parents of children undergoing treatment at our hospital, all departmental staff and faculty members.

The event was held in telemedicine board room both in offline and online mode, connecting more than 50 medical colleges via Zoom portal with facilitation from

Department of Telemedicine under leadership of Mr Repudaman Singh to ensure uninterrupted broadcast of the whole event. Professor Basant Kumar, Head, Pediatric Surgery, welcomed all dignitaries, speakers and audience on behalf of the department.



The chief guest, Professor RK Dhiman, Director, and Professor VK Paliwal, Medical Superintendent, inaugurated the event. PadmaShri awardee Professor SN Kureel, Ex-Head, Pediatric Surgery from KGMU, Lucknow, graced the occasion as Special Invitee and presented a comprehensive talk on “Exstrophy Bladder-Science and Art of Repair with Spared Neural Control for Continence”. Dr Akanksha, Assistant Professor from Department of Neonatology also spoke regarding the role of pediatric surgeons in management of birth defects and various initiatives taken by Government of India to ensure proper and timely referral of these cases to centers equipped with level 3 neonatal services.

The academic talks were then followed by an interactive session of doctors and nursing staff with the attendants/guardians of the patients. The attendants were made aware about different financial assistance schemes available at SGPGIMS including Ayushman Bharat Yojana, Kamdhenu Yojana, AsadhyaRog Yojana, etc. and status of neonatal and child health insurance ,



especially in regards to birth defects.

The session concluded with a vote of thanks delivered by Professor Vijay D Upadhyaya, thanking all the residents, paramedical and nursing staff including Dr Pratibha B Naik, Dr Priya Mathew, Dr Tarun K Gupta, Dr Pujana Kennaganti, Dr Punith and Nursing Officers Ms Reeta Arya, Ms Sapna, Ms Roji, Ms Kritika, Ms Ritu, Ms Priyanka, Ms Dhanya, Ms Zeba, Ms Sheetal, Mr Manu, Mr Shrawan, Mr Shree, MrJitendra, etc and other ward attendants and sanitation workers.

Department of Molecular Medicine & Biotechnology Foundation Day Celebration

The Department of Molecular Medicine and Biotechnology completed stupendous 12 years in the month of December 2022 and to remark this great momentous day department celebrated its First foundation day on 17th December, 2022. Professor Gaurav Agarwal, Chief Medical Superintendent, SGPGIMS graced this occasion as guest of honor and inaugurated the program by lighting lamp. To mark this



memorable day department organized various thematic events both at patient-care awareness end and at academic front. At patient-care end, department organized Camp Activity on awareness program for Human Papilloma Virus (HPV) Screening and at academic front organized Research Symposium and CME on “Omics in Molecular Medicine”. Department research fellows actively participated in the Research Symposium where they presented posters and discussed active biomedical research at

the interface of Molecular Medicine and Biotechnology. The Research Symposium was followed by CME with lectures delivered



by prominent speakers working actively in the diverse area of Omics Biology.



XIV National Autoantibody workshop

The XIV National Autoantibody workshop was conducted between 1 – 4th September, 2022. The increasing demand of the workshop has resulted in it being conducted twice a year, with the next instalment scheduled for February 8 - 11th, 2023. The four-day workshop included morning sessions on lab techniques followed by hands on training in the research laboratories. The evening sessions dwelled on clinical implications of these techniques. The workshop was attended by fellows from all parts of the country. The program is conducted with the intention of equipping the next generation of budding clinical immunologists with sound laboratory knowledge to empower them to use lab test effectively and rationally. This will also help them embark on translational research in their own centres of practice.



Visiting Professor: Professor Chris Scott



Prof Chris Scott, Paediatric Rheumatologist, University of Capetown, South Africa, visited the Department of Clinical Immunology and Rheumatology in December, 2023. He started

by conducting a session on challenges in juvenile arthritis care in developing nations where he stressed on getting data to reach the right doorsteps in the administrative corridors so as to ensure better funding for research and treatment. He engaged with the group working on juvenile idiopathic arthritis. He then reviewed patients diagnosed with fibrodysplasia ossificans progressive (FOP) in the department of Medical Genetics. He concluded with a session on 'the tin soldiers', children diagnosed with FOP, and his role in enhancing medical care for this group of patients across South Africa and the World.

*Dr. Amita Agarwal, Professor & Head,
Clinical Immunology and Rheumatology*

Workshop on Surgical and Endoscopic Instruments Reprocessing

On 15th October, 2022, a Workshop on surgical and endoscopic instruments reprocessing was conducted by Department of Hospital Administration. It commenced with an introductory address by Dr. Richa Mishra, Member, SHICCOM and Additional Professor, Microbiology, on the topic Sterilization & Disinfection. Demonstration & hands-on surgical & endoscopic instruments reprocessing was organized. There was Open House Discussion with Experts and conclusion with remarks from Dr. K. D. Singh, SR, Hospital Administration. The workshop was organized by HIC Cell in collaboration with SHICCOM. 36 delegates from OT Complex and EMRCTC attended the workshop.

Dr. Gaurav Agarwal, Chairman, SHICCOM & CMS and Dr. R. Harsvardhan, Member Secretary, SHICCOM & HoD, were forthright in their guidance & support.

**Special awards conferred
during convocation ceremony 2022**

Prof. Subhash R. Naik award for outstanding research investigator



**Dr. Rohit Anthony Sinha,
Department of Endocrinology,
for the year 2021**



**Dr. Amit Goel,
Department of Gastroenterology,
for the year 2021**

**Prof. R.K. Sharma Award For
Best M.Ch Student**

**Prof. R.K. Sharma Award
For Best D.M Student**



**Dr. Tamboli Zain Iqbal,
M.Ch Student,
Department Of Urology
for the year-2022**



**Dr. Rudrarpan Chatterjee,
D.M. Student,
Department Of Clinical Immunology &
Rheumatology
for the year-2022**

Prof. S.S. Agarwal Award For Excellence In Research



**Dr. Parijat Ram Tripathi,
Department Of Pediatric Gastroenterology,
SGPGIMS For The Year 2021**

**World's Top 2% Scientists (Year: 2021): Stanford University List
Released in October 2022**



Prof. Radha K. Dhiman
Director SGPGI & HOD,
Dept. of Hepatology



Prof. U. K. Mishra
Superannuated from
Dept. of Neurology



Prof. Vinay K. Kapoor
Superannuated from
Dept. of Surgical
Gastroenterology



Prof. Rama Devi Mittal
Superannuated from
Dept. of Urology



Prof. Rakesh Aggarwal
Dept. of Gastroenterology &
Director, JIPMER Puducherry



Prof. U. C. Ghoshal
HOD, Dept. of
Gastroenterology



Prof. Ujjal Poddar
HOD, Dept. of Paediatric
Gastroenterology



Prof. Jayantee Kalita
Dept. of Neurology



Dr. Narayan Prasad
Prof. & Head
Dept. of Nephrology



Prof. Mohan Gurjar
Dept. of Critical
Care Medicine



Dr. Prabhakar Mishra
Addl. Prof., Dept. of
Biostatistics
& Health Informatics



Dr. Durga P. Misra
Assoc. Prof., Dept. of
Clinical Immunology
& Rheumatology



Dr. Rohit Sinha
Assistant Professor
Dept. of Endocrinology

Research Day 2022 Awards

Faculty Members Category

Medical

1. Prof. Ujjal Poddar, *Professor*
Pediatric Gastroenterology
2. Dr. Zia Hashim, *Additional Professor*
Pulmonary Medicine
3. Dr. Ankit Sahu, *Associate Professor*
Cardiology
4. Dr. Abhijeet Roy, *Assistant Professor*
Neonatology

Surgical

1. Prof. Rajan Saxena, *Professor*
Surgical Gastroenterology
2. Dr. Sabaretnam M., *Additional Professor*
Endocrine Surgery
3. Dr. Rahul, *Surgical, Associate Professor*
Gastroenterology
4. Dr. Priyank Yadav, *Assistant Professor*
Urology

Pre/Para/Basic

1. Prof. Swasti Tiwari, *Professor*
Molecular Medicine & Biotechnology,
2. Dr. Khaliqur Rehman, *Additional,
Professor, Hematology*
3. Dr. C. P. Chaturvedi, *Associate Professor*
Hematology (SCRC)
4. Dr. Naveen Kumar Gautam, *Assistant
Professor, Urology*

List of Awardees :Students- Clinical Category

1. Ms. Komal Singh *Clinical Immunology
Research Assistant*
2. Dr. Spandana.J *Endocrine Surgery
M.Ch. Resident*
3. Dr. Nidhi Gupta
Nephrology, SR (DM)

Consolation Prize

1. Dr. Neha Dalal
Neonatology, DM (SR)
2. Dr. Ankit Gupta
Neurology, SR
3. Dr. Lokeshwaran M K
Nuclear Medicine, SR

List of Awardees :Students-Basic Category

1. Dr. Sana Raza, *Endocrinology
Young Scientist Fellow*
2. Dr. Abhilasha Tripathi, *Neurology
Research Fellow*
3. Ms. Shikha Sahu, *Gastroenterology, Ph.D.*

Consolation Prize

1. Ms. Manali Jain, *Hematology, Ph.D.*
2. Ms. Vasundhara Singh, *Transfusion
Medicine, SR (HS)*
3. Ms. Anjali Singh, *MMB, Ph.D.*

Foundation Day Awards

Best Senior Resident (DM)

Dr. Nidhi Gupta
Nephrology

Best Senior Resident (M.Ch)

Dr Sarrah Idrees
Endocrine Surgery

Best Junior Resident (MD)

Dr. Yogita Khandelwal
Nuclear Medicine

Best Nursing Staff Gr-1

Ms Neelmani Esther
Critical Care Medicine

Best Nursing Staff Gr-2

Ms Sunita pal
Endocrinology

Best Technician Gr-1

Mr Rashid Akhtar
Pathology

Best Technician Gr-2

Mr Chandresh Kashyap
Anesthesiology

INSA Fellowship 2022

Professor Amita Aggarwal, Head of the department of Clinical Immunology and Rheumatology, SGPGIMS, has been elected as Fellow of Indian National Science academy (INSA) this year. She is an alumna of AIIMS Delhi and has been at SGPGI since 1990. Her major areas of research are Pediatric Rheumatic diseases especially juvenile



arthritis and Systemic lupus erythematosus. She has more than 350 research papers to her credit and has written 2 books, one on Pediatric

Rheumatology and another on Lupus. She is also a fellow of the National academy of Science (Allahabad), Indian academy of Science (Bangalore) and National academy of Medical Sciences and has got multiple awards for her research from ICMR and DBT.

Professor Ujjala Ghoshal

Dr. Ujjala Ghoshal, Head, Microbiology was Elected as Executive council member of Indian association of Medical Microbiology (IAMM) in October 2022 and then President of Indian association of Tropical Parasitologists UP- UK chapter



2nd Best National Poster Presentation Award at AIIMS, Bhubaneswar

A Scientific Poster based on the study "To do Cost Analysis in Total Cost incurred during Palliative Care in cases of Cancer at Govt. Regional Cancer Centre in India, to design an evidence based financial package (AB-PMJAY)", presented by Dr. Pragya Sonker and

Dr. Harshit Verma, Residents, Department of Hospital Administration, at Safe and Sustainable Hospitals (SASH-2022), AIIMS, Bhubaneswar, was awarded the 2nd Best National Poster award. This study was done by Dr. Tanvi Arora, Resident, Department of Hospital Administration under the guidance of Dr. R. Harshvardhan, Head, Hospital Administration and Dr. Punita Lal, Professor, Department of Radiotherapy.



'Feathers in the Cap' for Department of Neonatology: Still counting...!!!

Dr. Neha Dalal won 1st prize and Gold Medal in oral paper presentation in Delhi Annual Neocon held at New Delhi on 25th December 2022 for her thesis paper.



Accomplishments of Our Endocrine Surgeons

The SGPGI team of endocrine surgeons had a remarkable year, with several of our faculty and resident members being recognized for their exceptional work in the field.

At the 6th Annual International Conference of Asian Society of Mastology (ASOMACON), held in Jaipur on November 3-5, 2022, Dr. K.M.M. Vishvak Chanthar, Assistant Professor, was awarded the 2nd prize for his oral paper presentation on "Predictive and Prognostic Role of Tumor Infiltrating Lymphocytes (TILs) in Patients with Breast Cancer". The study is the first of its kind in Asian countries to investigate the role of TILs (Tumour Infiltrating Lymphocytes) in predicting and prognosticating breast cancer.

At the Annual Conference of the Association of Surgeons of India (ASICON) held in Mumbai on December 23-25, 2022, Dr. Farheen, Assistant Professor, presented an oral presentation on "Outcome of Focused Parathyroidectomy With and Without Intra-operative Parathormone Adjunct - Comparative Study between Two Academic Medical Institutions" and was awarded the 2nd prize in the Prof. Vittal Best Paper Presentation.

Dr. Sarrah Idrees, Senior Resident, was awarded the "Best Performer of the Year 2021" by the Indian Association of Endocrine Surgeons at the Annual Conference of Indian Association of Endocrine Surgeons (IAESCON), held in September 2022 in Vellore, India. Dr. Spandana, Senior Resident, received the prestigious PadmaShri Prof. S.Vittal Best Paper Award for her work on "Colloid aspiration thyroidectomy. A novel technique for safe thyroidectomy." The paper was presented at the 82nd Annual Conference of Association of Surgeons of India (ASICON) held in Mumbai.

These achievements are a testament to the hard work, dedication, and expertise of the team. It is a matter of pride to have such talented individuals in the department, their continued contributions to the field of endocrine surgery will be worth looking out for.



Dr Gaurav Agarwal, Professor & Head, delivered a TEDx talk on "saving lives and breasts: early detection of breast cancer is the key"

Green Corner

Dream of "प्लास्टिक मुक्त भारत"

Mr Omprakash Bajpai, working in Endocrinology department, uses Jhola (cloth bag) for all his shopping. Here he is seen buying groceries at one of the SGPGI community center shops. This single behavioral change is a huge step in the right direction, if more and more people adopt this practice, we will be closer to our dream of "प्लास्टिक मुक्त भारत"

Say no to plastics!



Emergency and Renal Transplant Centre Opens, Featuring 110 Dialysis Stations and Interventional Nephrology



The Department of Nephrology at Sanjay Gandhi Postgraduate Institute of Medical Sciences (SGPGIMS) has recently shifted to the new Emergency and Renal Transplant Centre, which houses 110 dialysis stations, two operation theatres, 97 clinical nephrology beds, and an 11-bed ICU. With an increasing number of dialysis patients from district level hospitals under the Prime Minister's National Dialysis Program, the demand for vascular access and intervention to maintain the patency of vascular access has also increased. To address this need, the Head of Nephrology, Professor Narayan Prasad, spearheaded the development of a new intervention nephrology segment.

Dr Manas Patel, Associate Professor in Nephrology, has undergone intensive training in intervention nephrology under the fellowship program of the International Society of Nephrology. Thanks to his expertise and guidance, the department has launched a new line of procedures, including Fistulography, Fistuloplasty, Arteriovenous fistula, tunneled and non-tunneled Internal jugular catheter. The department also houses two operation theatres for interventions.

The Department of Nephrology is currently offering post-doctoral fellowship in intervention nephrology and has trained fellows from various parts of India and the world. Dr Ajinkey from Pune is presently undertaking the post-doctoral fellowship. The department is proud to offer advanced vascular access interventions to their patients, enabling them to provide exceptional care.

The department inaugurated the Operation Theatre of the Dialysis Unit, EMRTC Building, SGPGI on November 19th, and celebrated the occasion with a ceremony. The two top-class operation theatres are fully equipped with Digital Subtraction angiography (DSA) and C-arm facilities that are being utilized for the treatment of vascular access failure, thrombectomy, and arteriovenous fistuloplasty. The operation theatres are used for making AVF, placing the jugular catheter, and subcutaneous tunneled catheter for vascular access to patients requiring dialysis. The inaugural function was attended by Mr Yoshiyuki Fujino, Managing Director, and Yasukuni Katakami, Manager of Shimadzu Medical India Pvt Ltd, who were welcomed by Professor R. K. Dhiman, the Director of the institute. Along with other delegates, faculty members of Nephrology, including Professor Anupama Kaul, Dr Dharmendra Bhadauria, Dr Manas Patel, Dr Monika Yaccha, Dr Manas Behera, and Dr Ravi Kushwaha and all the staff members were present. During the event, Professor Dhiman and Dr. Narayan Prasad expressed their gratitude to the Government of Uttar Pradesh for providing excellent infrastructure for patients with kidney diseases.



The Government of Uttar Pradesh has taken a great initiative for the welfare of patients suffering from kidney ailments not only from the state but also from neighbouring states and countries where such facilities are not available. The Department of Nephrology at SGPGIMS is committed to providing the best care possible to their patients, and with the new intervention nephrology segment, they are now better equipped to provide the latest and most advanced treatments available.

"Lethal Blues" sweep to victory in SGPGI night cricket tournament

A thrilling night cricket tournament was organized by the Faculty Club of SGPGI, at the newly renovated, state of the art SGPGI cricket stadium, on 22nd November, 2022. There were four teams in the tournament with players participating from amongst the



faculty members and their families. There were two qualifier matches before the final match. The tournament was enthusiastically attended by over 100 people including the faculty members, spouses and their children. They all gathered to cheer and support the players.

The first qualifier match was played between the teams "Deadly Reds" and "Powerhouse Greens". Deadly Reds clinched the game by 6 wickets. The sizzling batting Dr Abhijeet Roy from the Red Team was appreciated by all. In the second match, "Lethal blues" overcame "Trailblazers yellows" in a tight game. The excellent bowling by Dr Dharmendra Bhadauria made a lot of difference in this game.

The final battle was played by "Deadly red" vs "Lethal blue". The blue team won the toss and the skipper, Dr Afzal Azim elected to bat first. The team collected 72 runs in 8 overs. Dr Kuntal Kanti Das's batting was exceptional and so was his partnership with Dr Surender. The Deadly Reds gave them a good competition with an excellent partnership between Dr Rudrashish Haldar and Dr Rafat Shamim. For Team Blue, it was a brilliant team effort, with a special mention for superb fielding efforts



from Dr Rahul and their sensational bowler, Dr Akanksha Agarwal.

The witty commentators of the night tournament, Dr. Aditya Kapoor, Dr. Arun Srivastava and Dr. Brajesh Singh kept the crowd glued to the match with their dry humour. There was a live display of all the matches with their scorecard on a big projection screen in the stadium. The match was live streamed with online scoring, averages etc on the app CricHeroes.

Director, Prof RK Dhiman and the first lady, Dr Praveena Dhiman were welcomed by Dr Punita Lal, President, SGPGI Faculty club for the award felicitation ceremony. Professor Dhiman congratulated and encouraged all the players and posed for capturing these moments. Dr Kuntal Kanti Das was adjudged The Best Batsman and Dr Rafat Shamim was awarded the Best Bowler. Dr Akanksha

Agarwal won the Best Woman player award. Dr Abhijeet Roy was declared Man of the Match for his exceptional batting in the first match. The Director urged the cricketers to play more competitive games with peer teams of other Institutes/ Colleges.

The hot cups of coffee and the unwavering spirit of cricket amongst the crowd, kept the winter chill at bay. All that people felt was the adrenaline rush, ending on a great note of camaraderie, and hence proving the famous saying

Cricket is life... everything else is just a game !!

Department of Radiotherapy

"We turn not older with years, but newer every day" – Emily Dickinson



Treatment of cancer patients is often difficult, has lot of side effects and can be painful. Additionally, these patients may undergo feelings of

hopelessness and despair. The emotional toll is even more when the patient is a child but it is also very rewarding when the child responds to treatment. One such 6 year old boy was undergoing treatment under Dr. Sushma Agrawal, Professor, Radiotherapy. He was admitted in the ward for treatment and shared that it was his birthday that day on 8th December. The resident doctors and nurses promptly decorated the ward and celebrated his birthday, providing joyous moments for the patient and his family members.

In the picture we have (L to R) Dr. Richa Verma (Senior Resident), Sister Sheetal, Sister Bhawana, Sister Poonam, Sister Pragra, Adiraj (patient), Brother Shekhar, Dr. Chandan Mundra (Junior Resident), Adiraj's uncle, Dr. Khiwan Mangla (Junior Resident) and Sister In-charge Mary M.D

Creche Kids

The Creche children learnt about and celebrated colours by observing different colour-themed days. They also observed various festivals.

For Green Day, the children did a hands-on germination activity and got to know about how saplings turn into plants.

For Red Day, they coloured apple-shaped cut outs and had delicious apples.

Similarly, for Yellow Day, they coloured mango-shaped cut outs and enjoyed eating mangoes.

For Raksha Bandhan, the children hand-crafted creative rakhis and tied them to each other.

They celebrated Janmashtami by dressing up as Radha and Krishna.

For observing Ganesh Chaturthi, they participated in a puja. The kids celebrating in celebrating Dussehra, Deewali and Christmas.

For all round development, there was a Sports day exclusively for the crèche kids.

The all round joy, energy and enthusiasm in each of the kids was a joy to behold.



*Mrs G. Vijaya Lakshmi, Incharge,
Hobby Center Creche*

Glimpses of tiny tots of Nursery School, SGPGI



2nd October 2022 :

You must be the change you want to see in the world: Mahatma Gandhi

In this vast country of ours, people profess different religions, speak different languages, dress differently and observe different customs; but we are one nation; the history of our struggle for independence and our faith in our future development are our common bonds:

Lal Bahadur Shastri

On 2nd October every year, India pays homage by celebrating the birth anniversaries of Shri Mohandas Karamchand Gandhi, also known as Mahatma Gandhi (Gandhi Jayanti) and our second Prime Minister Shri Lal Bahadur Shastri. SGPGI too marked the day with a remembrance program.

The celebration began with floral offering to the 2 great leaders, followed by lamp lighting by Dr. S.P. Ambesh, Acting Director, Dr. Gaurav Agarwal, Chief Medical superintendent and Dr. R. Harsvardhan, Head, Hospital Administration.

Dr. Ambesh mentioned that Gandhi ji was given the title of "Father of The Nation" by Netaji Subhash Chandra Bose for his relentless struggles for our independence and we are here to revisit the principles with which he led his life and helped India gain independence.

Dr. Gaurav Agarwal deliberated that this is a special day for all Indians to remember Bapu's struggles and sacrifice. Gandhiji is universally acknowledged as an apostle of peace and non-violence. Even today, the noble principles are globally relevant and give strength to millions.

Dr. R. Harsvardhan shared his words of wisdom, Dr. Vinay Pathak and Dr. Akanksha Chowdhary, Residents, Hospital Administration, helped organise the program.

SGPGI Newsletter, an Inhouse Publication

Published by guidance and support from Professor R.K. Dhiman, Director, SGPGIMS, Lucknow

The Editorial Committee for the SGPGI Newsletter was revamped with the following members:



Dr. Perna Kapoor
Chief Editor
(General Hospital)



Dr. Ankur Bhatnagar
(Plastic Surgery & Treasurer,
Education Foundation)



Dr. Khaliqur Rahman
(Haematology)



Dr. Moinak Sen Sarma
(Paediatric Gastroenterology)



Dr. Santosh Kumar Verma
(Molecular Medicine & Biotechnology)



Dr Akanksha
(Neonatology)



Mrs. Kusum Yadav
(PRO)



Mrs. Neema Pant
(Nursing Officer)

We are very grateful to Dr Anu Behari (Surgical Gastroenterology) and Dr Shantanu Pande (Cardiothoracic Surgery) for their valuable time and inputs as members of the previous committee. Dr Rahul Katharia has relocated after taking Voluntary Retirement from SGPGI. He was a valuable member of the committee and we shall miss him. We thank him for his support and contribution.

Education Foundation helps with the printing of the Newsletter.

The PRO office staff provide secretarial assistance and help with postage/distribution of the printed copies.



Mr Anil Kumar
(MIU, Photography)

Provides all the
photographs



Mr Amit Mohan
(Telmedicine, SGPGIMS)

Responsible for Designing
the Newsletter

Retirements

Professor Eesh Bhatia



A mentor, a teacher, a clinician par excellence
More than 3 decades of unwavering service to the institute!

Professor Eesh Bhatia joined SGPGI on 22nd July 1989. After completing his MBBS, MD (Medicine) from AIIMS Delhi, he went for further clinical and research fellowships at Joslin Diabetes Centre, Harvard University, Boston and Tuft's University, Boston and trained with the stalwarts of that time. He is an astute clinician, an inquisitive researcher, an avid laboratory person and a compassionate physician. He is a teacher who is not only ready to guide but ready to learn himself. With his hard work and perseverance, our department is rated as one of the best training centres of the country and highly sought after by students and observers. The gratitude the students feel for him was very evident when 35 odd alumni travelled far and wide, within the country and overseas for our alumni meet on 3rd and 4th December 2022. That is the respect Dr Bhatia has earned as a teacher and mentor.

Dr Bhatia has served the institute in various capacities, as In charge of exam cell (conducted the UPPGME in 2000), Chairman of Medical Board, In charge of 01/02 courses, convener of CGR (Clinical Grand Round). He tirelessly and meticulously compiled information for cluster 1 of NAAC till the last day of his service.

Above all he is a great human being, full of empathy, compassion and shouldering those

in need from the lowest of the cadre to the top. Everyone in the department has his or her own personal stories to this effect. His patients too will miss his dedication, soft words and his healing touch.

*Dr. Preeti Dabadghao, Professor,
Endocrinology*

Professor Shashi Srivastava

Dr (Mrs) Shashi Srivastava, after obtaining her medical graduation and postgraduation qualifications from JLN Medical College Ajmer, joined SGPGIMS in February 1989 as a Senior Resident in the Department of Anaesthesiology and worked till February 1992. Later she moved to SVIMS Tirupati to join as an Assistant Professor of Anaesthesiology. In November 1997, Dr Srivastava joined SGPGI again, this time as a faculty member. Her main area of interest has been Neuro-anaesthesiology. During her tenure, she has been elected and served as



the President of the Indian Society of Neuro-anaesthesiology. After serving this institute for more than 25 years, in various academic positions, Professor Srivastava got superannuated from the post of Professor of Anaesthesiology of this institute, on 31st October 2022.

Professor Srivastava has been recognized as one of the top neuro-anaesthesiologists in the country. I must say that she is not only an excellent Neuro-anesthesiologist but an excellent human being as well. I am very sure that Dr Shashi Srivastava has superannuated with great memories and a great sense of satisfaction. I am happy to say that the moments we have shared and the memories

we have made working together at SGPGIMS will always be remembered and cherished. It has been a pleasure working with you. The SGPGIMS family will remain indebted to your contributions. On behalf of all my colleagues, and everyone from the SGPGIMS family, I wish you the best of luck and good health for your future inning, post-retirement life.

Professor SP Ambesh, Head , Anaesthesiology and Dean, SGPGIMS

Professor Amit Agarwal

Dr Amit Agarwal, Professor and Head of Department of Endocrine Surgery bid the institute a good bye on 13th October 2022, after spending nearly 29 years in the institute in various capacities. He



joined SGPGI as an ad-hoc senior resident in department of Endocrine Surgery in 1993, a regular senior resident in 1994, and subsequently as an assistant professor in 1997. He rose through the ranks, and assumed charge of Head of Department in mid

2021. He also held other important positions in the institute, such as Medical Superintendent (2014-2017) and Chief Medical Superintendent (2017-2021), Nodal officer of Robotic Surgery Program, Nodal officer of Apex Trauma Center, and faculty in-charge of General hospital, to name a few. Dr Amit Agarwal took voluntary retirement in October 2022, to join Medanta hospital, Lucknow. The institute thanks him for his services and wishes him all good health, happiness and contentment in life.

Dr.K.M.M.Vishvak Chanthar, Assistant Professor, Endocrine and Breast Surgery

Mrs Shamim Saraswat

Mrs Shamim Saraswat , got her general nursing education from SRN College and completed midwifery from Banaras. She



joined SGPGIMS in December 1989 and throughout her service, took care of the patients with complete dedication. She also worked in Nephrology , OT, and served as Incharge in dialysis. Dialysis staff under her were very

happy with her management, she always stood with the staff in their sorrow and happiness. She applied for VR (Voluntary retirement) and thereby completed her services on 10 December 2022. Everyone appreciated her for her affectionate and sincere nature, patients ,colleagues and friends. She will always be remembered and we wish you good health and a bright future.

Mrs. Janet Dawson

"Retirement is a blank sheet of paper. It is a chance to redesign your life into something new and different."

Sister Janet Dawson, Nursing Superintendent of SGPGIMS was born on 17/10/1962. She received her Nursing training from Clara Swain hospital, Bareilly and joined SGPGIMS on 7/1/1988. She dedicatedly provided her services in landmark cases like the first cadaveric renal transplant patient and first cardiac surgery patient of SGPGI. She also assisted Dr.Gourdas Choudhari in the first endoscopy of SGPGI.

Her hardwork and sincerity resulted in her being designated Incharge of Nephrology ward for 17 years where she activated the ward and managed all the work. Next 9 years she rendered her selfless service to CVTS ward as sister incharge. In 2016 she was entrusted with the responsibility of nursing

superintendent and activated a whole new unit of CHBDT (Center of Hepatobiliary Diseases and Transplant) Her disciplined and strict nature, good discerning power, bold management and skillful leadership



qualities will always be cherished by all those who know her.

Ms Greeshma Tony, Nursing officer, CHBDT

Mrs Neelam Pandey



Mrs Neelam Pandey, ANS (Assistant Nursing Superintendent), completed her nursing training from SRN Medical College Allahabad (1986 to 1990) and joined SGPGI on 7/10/1991 .She

started her journey from Neurology B ward ,thereafter in June 2020,she was appointed as the Sister in-charge of Radiotherapy Day care ward. She will be remembered for her dedication and hard work and for being a very soft spoken person .On behalf of the Nursing fraternity, we wish her best of luck for her future life.

Mrs Renu Roy ,Deputy Nursing Superintendent, Pulmonary medicine

Mrs. Kalyani Trigunayat

“If you're brave enough to say goodbye, life will reward you with a new hello.”

Mrs.Kalyani Trigunayat ,Deputy nursing superintendent , retired from her service of more than 33 years in the Institute on 31st October 2022



She started her nursing services in neurosurgery, subsequently she served various departments including Radiology, MICU, Cardiology and Microbiology.

In 2014 , She was promoted as Sister in-charge of Paediatric surgery . Under her expert management ,the ward won the

award for "Best maintained ward " in 2019 . Her contribution as nursing fraternity to SGPGIMS were immense .

We are extremely grateful ,Sister Kalyani, for your valuable services and wish you all the success in your retired life ahead .

Mr Shreekumar PK, Nursing officer, Paediatric Surgery ward

Ms. Pramodini Barla

"Retirement is not the end of the road, it is the beginning of an open highway."

Ms. Pramodini Barla , Senior Nursing Officer, was born in a small village of Jharkhand .She pursued her training in nursing from St.Columbus Hospital,Hazaribagh, Jharkhand. She got selected and recruited in SGPGIMS on 19/01/1996 and was posted in Urology B ward .She will be best remembered and admired for her sober and simple nature.She was the most sought after nursing personnel in the ward for her dedication towards the patients .She worked for 26 years continuously in Urology with relentless zeal and enthusiasm.



Upon her retirement (31/12/2022) ,we wish her a life ahead full of health ,wealth and success.

Mr Muzaffar Hussain

Mr Muzaffar Hussain joined SGPGIMS on 20.06.1988 as lab attendant in Department of Pathology. He was promoted as technician in 1991 and he superannuated as Senior Technical Offices on 30.11.2022. During his journey from lab attendant to STO ,he



worked very hard and sincerely.He also held the additional responsibility of Histopathology lab store. His contribution is unforgettable. He is a very soft spoken

person and had good rapport with his colleagues, residents and faculty members. Department of Pathology wishes him good health and happy life ahead.

Dr. Seema Sharma, Professor and Head, Pathology Department

Shri Vanshi Lal



Shri Vanshi Lal retired from his role as Attendant Grade 1 after 31 years of loyal service to the institute. He joined

the department of Clinical Immunology in 1991 as attendant. Vanshi dada as he is affectionately known, carried out his duties with the utmost sincerity and responsibility. His personality stood out for never refusing an errand or task. The department hosted a retirement party befitting his selfless service to the department. Professor Amita Aggarwal (Head of the Department) adorned him with a shawl. The department collectively gifted him a 'Caravan' audio system, blanket and suitcase. The function was also attended by his family.

Welcoming of the Spring- Happiness

Dance and music spread its way,
It was a bright sunny day;
Angels of fire flew all around,
Kindling passion in all surround;
They threw golden flowers,
Bestowing everyone with power;
Warmth of nature filled all pots,
Irrespective of what men sought;
Yellow bees made golden nectar,
Farmers ploughed land on tractor;
As sun spread smiles along the way,
The winter watched in dismay;
Children played in the grass,
As mothers cooked broth in the brass;
Candles also had their say,
As fathers set out to pray;
Even scriptures got ready to feel,
As they received the power to heal;
Maids shed their tears of joy,
For clothes were dry, O! Boy;
Winters were about to go,
Rabbits peeped out of burrow;
One and all welcomed the spring,
And temple bells started to ring.

Dr Ruchika Tandon, Associate Professor, Department of Neurology,

नववर्ष

नया वर्ष स्वागत अभिनंदन।
नवल आश विश्वास युक्त कर
प्रेम दया से भर अंतर्मन।

निशा निराशा की जाने दो
पूर्ण प्रकाश रश्मि आने दो।
प्रगति पंथ पर बढ़ो निरंतर
अविचल हो चल ध्येय डगर पर।
शिखर उच्चतम छू लेने को
सम्मुख है विस्तृत गगनांगन।
नया वर्ष स्वागत अभिनंदन।

स्वयं कंटकों पर चलकर भी
मग में पुष्प बिछाना तुम।

पोंछ किसी के आंसू लेना
मुख पर खुशी खिलाना तुम।
उपवन को महकाते रहना
बनकर मलयागिरि चंदन।
नया वर्ष स्वागत अभिनंदन।

नहीं स्वार्थ में अंधे होना
भाई के कंधे बन जाना।
दोष दूसरों के मत गिनना
क्षमाशील दो बातें सुनना। मात-
पिता सच्चे हित चिंतक
कर उनका निशदिन पद वंदन।
नया वर्ष स्वागत अभिनंदन।

राष्ट्रप्रेम की जोत जलाकर तन-
मन-धन न्योछावर करना। जब
भारत मां तुम्हें पुकारे
निर्भय हो निज शीश चढ़ाना।
एक साधना एक भावना
धरती मां का हित चिंतन।
नया वर्ष स्वागत अभिनंदन।

डॉ सौरभ निगम, सीनियर
रेसिडेंट, न्यूरोलाजी विभाग

Retirements

- | | |
|---|---|
| <ol style="list-style-type: none"> 1. Shri Kaushal Kishore Singh, 2. Mr. Puran Singh Bisht 3. Mr. Upendra Nath Srivastava 4. Mr. Markandeya Choubey 5. Mr. Ramesh Singh 6. Mr. Muzaffar Hussain 7. Shri Rajendra Singh Rawat 8. Mr. Ashok Chandra 9. Mr. Shiv Singh 10. Shri Vishwajit Rai 11. Shri Om Prakash 12. Mrs. Ramdei 13. Mr. Vijay Prakash | <p><i>Hospital Attendant Grade 1,
Attendant Grade 1, Urology</i></p> <p><i>Junior Accounts Officer, Research/Academic Account</i></p> <p><i>Senior Operator, Engineering</i></p> <p><i>Senior Electrician, Electrical Engineering</i></p> <p><i>Senior Technical Officer, Pathology</i></p> <p><i>Horticulturist, Horticulture</i></p> <p><i>Senior Technical Officer, Hematology</i></p> <p><i>Architect Assistant, Civil Engineering</i></p> <p><i>Chief Technical Officer, Radiology</i></p> <p><i>Hospital Attendant Grade 2, MS Office</i></p> <p><i>Senior Attendant, Engineering</i></p> <p><i>Attendant Grade 1, CSSD</i></p> |
|---|---|

These members of the SGPGIMS family superannuated in the months of October-December ,2023. We wish them all the very best for a happy, fulfilling and healthy post-retirement life.



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Professor Anita Saxena
(09.06.1963 - 06.11.2022)



Professor Anita Saxena, Professor of Nephrology (Renal Nutrition)

Prof Anita Saxena had done Post-Doctoral Fellowship from Cambridge University in 1995 and Addenbrook's Hospital, Cambridge University, England in 1996. She completed her senior research fellowship from CSIR from 1997-2000 (Physical Growth of Thalasemic patients in Medical Genetics department, SGPGIMS) and became senior research associate from ICMR from 2000-2003 (Effect of Oral Iron Chelator Kelfer on Thalasemic patients, in Medical Genetics department, SGPGIMS).

She joined as Assistant Professor in the Department of Nephrology, SGPGIMS, Lucknow and was actively involved for management of renal nutrition patients. In her growth as a responsible faculty member she started an advanced course on renal nutrition and metabolism at SGPGIMS, Lucknow. She established the Society of Renal Nutrition and Metabolism in 2014. She started the Journal of Society of Renal Nutrition and Metabolism (www.jrn.in) and became the Editor-in-Chief of the journal. She had setup the advanced facilities of kitchen services in SGPGI as Nodal Officer of the Dietetics Department of SGPGIMS, Lucknow. During the COVID pandemic she was the nodal officer who looked after the patient's diet at the Rajdhani Covid Hospital (RCH) and dedicated most of her time on the same. To her credit, she had multiple publications in basic and clinical science, in national and international peer reviewed journals.

Prof Saxena was a meritorious lady who won several accolades. As a young researcher she received the Young Scientist Award from DST for her project (Estimation of the dry weight and nutritional status using bioelectrical impedance in patients on hemodialysis patients). She also received the FICCI Outstanding Woman in Medicine and Healthcare 2020, Bharat Ratna Dr APJ Kalam Excellence 2020, Bharat Jyoti Award 2017 as service to society for the movement on the fight against malnutrition in chronic kidney disease. She received the International Excellence Award for keeping the "Flag Of India High" at Colombo Sri Lanka. She was also the International Woman of the year 1999-2000, International Biographical Center, Cambridge, England and received the 20th Century Award of Achievement International Biographical Center, Cambridge, England 1999 for contribution to Human Biology.

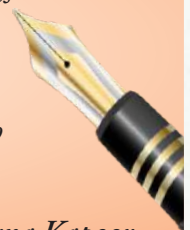
Her quest for knowledge did not deter her despite her ill health. Her untimely loss, on 6th November in Orlando, USA, has left a deep void to the institute, society and the nation.

Prof Anita, also fondly known as "Timmy" by her friends and family, will always be in our memory as an immaculate, respectable and cheerful colleague.

Dr.Narayan Prasad, Professor & Head, Nephrology

From the Editors'pen...

14 November every year is uniquely celebrated in India as Children's Day. It marks the birthday of the First Prime Minister of India, Pandit Jawaharlal Nehru, who was known for his fondness for children. It is a day when we celebrate childhood, the innocence of children and the joy they bring to this world. It is also a day when we can try to raise awareness about the rights, education, and welfare of children. Many educational and motivational programs for children are held all over India on this day each year. We can all do our bit by motivating children around us to go to school. Education is our passport to the future, for tomorrow belongs only to the people who prepare for it today. This famous quote is from a speech Malcolm X gave on June 28, 1964, which stands true even today.



Dr Prerna Kapoor

**From the archives-
The planning and the fruition!**



Present Day SGPGIMS



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