

Resume-

Dr Harshit Khare has been working as an Assistant Professor in the Department of Cardiology at SGPGIMS, Lucknow for the past two and a half years and is actively engaged in both patient care-services as well as academic activities. He received his M.B.B.S. degree from S.N. Medical College, Agra in 2013 and completed his M.D. in Internal Medicine with distinction from G.S.V.M. Medical College in 2018. He later worked there as a senior resident for 6 months in the Medicine department till 2019. After that, he pursued higher education in the form of D.M. Cardiology course from SGPGIMS Lucknow and completed his degree in August 2022. Since then, he has been working as an Assistant Professor in the Department of Cardiology, SGPGIMS, and catering to the various healthcare services of the department.

Professional qualifications -

M.B.B.S. from S.N. Medical College Agra [2007-2013]

M.D. Internal Medicine [Gold Medalist] from G.S.V.M. Medical college and hospital, Hallet, Kanpur [2015-2018]

Senior resident, Internal Medicine at Hallet Kanpur [2018-2019]

D.M. Cardiology, S.G.P.G.I.M.S, Lucknow [2019-2022]

Work experience-

Assistant Professor, Department of Cardiology, S.G.P.G.I.M.S, Lucknow [Aug 2022-till present]

Senior Resident, Department of Cardiology, S.G.P.G.I.M.S, Lucknow [Aug 2019-AUG 2022]

Senior Resident, Department of Medicine, G.S.V.M. Medical College, Kanpur [May 2018- Jan 2019]

Junior Resident, Department of Medicine, G.S.V.M. Medical College, Kanpur [May 2015- May 2018]

Internship, S.N. Medical College, Agra [March 2012-March 2013]

Awards/Honours/Conferences/Workshops-

- 1) **Course Faculty** for CRITICON 2024 September Workshop.
- 2) **Course Faculty** for Nursing Refresher Course in Cardiology 2023.
- 3) **Course Faculty** for Cardiology lectures for BLS/ALS courses at SGPGIMS, Lucknow 2023-2024.
- 4) **Course Faculty** for Cath lab Staff Teaching and Learning Program July 2024.
- 5) **Course Faculty** for 3rd Critical Care PGME-2023.
- 6) **Quiz Master** for ISCCON-Cardiology Quiz October 2023.
- 7) **Quiz Master** for CARDICON-2024 UP-Chapter Agra Feb 2024.
- 8) Organizing Team member NIC UP Chapter 2023.
- 9) Organizing Team CSI-HF National Conference 2023.

- 10) **2nd Best Case Presentation Award** at 12th Mid-Term NIC, UP-Chapter, 2022.
- 11) Winner **A.V. Gandhi SCAI Excellence Award** for thesis 2021.
- 12) Winner **Gold Medal** lamicon event 2018, Kanpur.
- 13) Secured **2nd Position** in M.D. Quiz, CARDICON UP Chapter- Varanasi, 2017.

Publications

Articles

International-

1. S Tewari, **Harshit Khare**: Left atrial functional assessment a prime clue in solving the puzzle of stable angina symptoms in suspected coronary artery disease patients November 2023 European Heart Journal 44(Supplement_2) DOI: 10.1093/eurheartj/ehad655.085
2. Saha S, Kapoor A, Raut K, Katheria A, **Khare H**, Sahu A, Khanna R, Kumar S, Garg N, Tewari S. RADIATION DOSE ATTENUATION USING RADPAD IN CATH LAB FOR PRIMARY AND SECONDARY OPERATORS - RADAR-CATH STUDY. Asia Intervention. 2024 Jul 26;10(2):135-143. doi: 10.4244/AIJ-D-23-00058. PMID: 39070977; PMCID: PMC11261659.

National-

1. Jitendra Singh Kushwaha, Shri KRISHNA Gautam, **Harshit Khare**: TO STUDY THE USE OF HYDROXYCHLOROQUINE IN SMALL DOSES IN REGRESSION OF DIABETIC NEPHROPATHY IN PATIENTS OF TYPE II DIABETES MELLITUS January 2018 Journal of Evolution of Medical and Dental Sciences 7(03):346-350 DOI: 10.14260/jemds/2018/77
2. Shri KRISHNA Gautam, Jitendra Singh Kushwaha, **Harshit Khare**: USE OF HYDROXYCHLOROQUINE IN COMBINATION WITH STATINS AS AN LDL LOWERING AGENT IN PATIENTS OF TYPE II DM WITH DIABETIC NEPHROPATHY February 2018 Journal of Evolution of Medical and Dental Sciences 7(09):1152-1156 DOI: 10.14260/jemds/2018/262
3. Shri KRISHNA Gautam, Jitendra Singh Kushwaha, Anjali Verma, **Harshit Khare**: ROLE OF ECHOCARDIOGRAPHY IN DIAGNOSING SUBCLINICAL CASES OF ACUTE RHEUMATIC FEVER AND RHEUMATIC HEART DISEASE IN DEVELOPING COUNTRIES March 2018 Journal of Evolution of Medical and Dental Sciences 7(10):1263-1267 DOI: 10.14260/jemds/2018/288
4. Jitendra Singh Kushwaha, Shri KRISHNA Gautam, Nagendra Pratap Verma, **Harshit Khare**, Reena Singh: LEVELS OF S. LIPASE AND S. AMYLASE IN ASSESSING SEVERITY AND CAUSE OF ACUTE PANCREATITIS March 2018 Journal of Evolution of Medical and Dental Sciences 7(11):1360-1363 DOI: 10.14260/jemds/2018/309
5. Deepak Tomar, Aditya Kapoor, Zia Hashim, Kamlesh Raut, **Harshit Khare**, Arpita Katheria, Ankit Sahu, Roopali Khanna, S Kumar, N Garg, S Tewari: Use of strain imaging to detect subtle myocardial involvement in post covid-19 patients: an Indian perspective December 2023 Indian heart journal 75:s110 s111doi: 10.1016/j.ihj.2023.11.222
6. Arpita Katheria, Aditya Kapoor, Ankit Sahu, Kamlesh Raut, **Harshit Khare**, Roopali Khanna, S Kumar, N Garg, S Tewari: A pilot study evaluating the role of ivabradine for rate control in patients

with rheumatic atrial fibrillation September 2023 Indian Heart Journal 75(3) DOI:
10.1016/j.ihj.2023.08.006

7. Abhijit Bharali, Satyendra Tewari, **Harshit khare**, et al. A comparative study of left atrial appendage wall velocity (LAAWV) in correlation to LV ejection fraction, LV global longitudinal strain (GLS), E/e', and NT pro-BNP in ischemic and non-ischemic heart failure. Authorea. October 29, 2023.

Book section/Chapters-

- 1) Book Chapter **Medicine Update 2019** Vol 29- 2019 Section-1 Chapter 5- **Non-coronary causes of ST-T changes- Significance for physicians-Harshit Khare**, Kunal Sahai.
- 2) Book Chapter-**65 Familial Dyslipidaemia with Triple Vessel Disease Management Strategies** by **Harshit Khare**, Satyendra Tewari (2022) Edition: 1/e Advances in Statin Therapy & Beyond in CVD (ASTC): A Textbook of Cardiology.
- 3) **Section editor for the Epidemiology Section** in the Book "CSI Yearbook of Cardiology 2023: Heart Failure" by Roopali Khanna.
- 4) Book Chapter **46 Role of Four Pillars of Pharmacotherapy in HFrEF: When and How to Initiate?** by **Harshit Khare**, Satyendra Tewari (2024) Edition: 1/e **CSI Cardiology Update 2024**.
- 5) Book Chapter-**142 Stepwise Approach for Navigating the Difficult Radial** by **Harshit Khare**, Debabrata Dash, Naveen Garg (2024) Edition: 1/e **CSI Cardiology Update 2024**.
- 6) Member working group for the CSI -NSI statement on the topic – "**NSTEMI/UA: coronary angiography and percutaneous coronary intervention versus CABG versus medical management at different levels of serum creatinine/ eGFR**"
- 7) Book Chapter- **CTO tool kit** by **Harshit Khare**, Roopali Khanna, for book "**Manual of Interventional Cardiology**" by Prathap Kumar 2023
- 8) Book Chapter- **Catheter Selection and Angiographic Views for Anomalous Coronary Arteries- A Practical Guide** by Aditya Kapoor, Harshit Khare, for book "**Manual of Interventional Cardiology**" by Prathap Kumar 2023
- 9) Book Chapter for **CSI Update 2024- Resistant Hypertension: Latest Advances in Management** by Satyendra Tewari, **Harshit Khare**.
- 10) Book Chapter titled "**Top 10 Take-Home Messages from ACC/AHA and HFSA on SGLT2i/ARNI in HFpEF**" by Satyendra Tewari, **Harshit Khare**, Textbook on "Advances in HFpEF Management (AHM-2025)".
- 11) Book Chapter-**61 Sodium-Glucose Cotransporter 2 Inhibitors in Heart Failure with Preserved Ejection Fraction: Fighting the Enemy with a Newly Crafted Weapon** by **Harshit Khare**, Aditya Kapoor, July 2024 in book: **Advances and Revolutions in Heart Failure** Publisher: Jaypee
- 12) Book Chapter titled "**SGLT2 inhibitors in HFpEF in acute HF**" by Aditya Kapoor, and **Harshit Khare**.
- 13) Book Chapter titled "**HFpEF in Women: Decoding the Missing Link**" by Roopali Khanna, **Harshit Khare**, in **Advances in HFpEF Management (AHM-2025)**